

# LANA HART ELKINS (COOK), LMSW

College of Social Work, University of South Carolina  
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## EDUCATION

- 2025 (expected)      **University of South Carolina, Doctor of Education**  
College of Education, Columbia, SC
- Educational Practice and Innovation in Curriculum Studies
- 2003                    **University of South Carolina, Master of Social Work**  
College of Social Work, Columbia, SC
- 2001                    **Washington College, Bachelor of Arts**  
Psychology Department, Chestertown, MD

## PROFESSIONAL LICENSURE

- 2004 – Present      **Licensed Master Social Worker (LMSW) SW#7325**  
South Carolina

## ACADEMIC POSITIONS

- 2024 – Present      **Senior Clinical Lecturer**  
College of Social Work, University of South Carolina
- 2022 – Present      **Director of Assessment & Compliance**  
College of Social Work, University of South Carolina
- 2018 – 2024         **Clinical Lecturer**  
College of Social Work, University of South Carolina
- 2013 – 2022         **Field Liaison (50-100 students) & Offsite Field Instructor**  
College of Social Work, University of South Carolina
- 2013 – 2018         **Continuing Education Coordinator & Instructor**  
College of Social Work, University of South Carolina

## TEACHING EXPERIENCE

**University of South Carolina, College of Social Work, Columbia, SC**

Graduate (MSW) Courses

SOWK 712: Human Behavior and the Social Environment I (2024)

SOWK 732: Social Work Practice with Communities & Organizations (2024)

SOWK 781: Field Instruction I - MSW Generalist Integrative Field Seminar I (2022, 2021, 2020, 2019, 2018, 2017, 2016, 2015, 2014)

SOWK 782: Field Instruction II - MSW Generalist Integrative Field Seminar II (2023, 2022, 2021, 2020, 2019, 2018, 2017, 2016, 2015)  
\*SOWK 701: Professional Development Bridge (2021, 2020, 2019, 2015)  
SOWK 764: Independent Study (2021)  
SOWK 735: Advanced SW Practice with Organizations and Communities: Social Planning (2014)

Undergraduate (BSW) Courses

\*SOWK 201: Introduction to Social Work (2025, 2024, 2021)  
SOWK 412: Social Work Practice with Organizations and Communities (2025)  
SOWK 382: Introduction to Field Education (2020, 2019)  
SOWK 483: Practicum Seminar (2019)  
(\*Curriculum Leader)

**University of South Carolina, University 101 Programs, Columbia, SC**  
UNIV 101: Student in the University (2024, 2023, 2022, 2021, 2020, 2019)

**PROFESSIONAL DEVELOPMENT / CERTIFICATES**

2024                    **Teaching and Learning with Generative Artificial Intelligence**  
Center for Teaching Excellence, University of South Carolina

2024                    **Teaching with Artificial Intelligence**  
Biggio Center, Auburn University in collaboration with the Southeastern  
Conference (SEC)

2022                    **Intercultural Inclusion and Diversity Learning Certificate**  
Center for Teaching Excellence, University of South Carolina

2021                    **Mental Health and Well-Being Competency Certificate**  
Center for Teaching Excellence, University of South Carolina

2021                    **Anti-Racist Education Certificate**  
Center for Teaching Excellence, University of South Carolina

2019                    **Fostering Proactive Learning Environments Certificate**  
Center for Teaching Excellence, University of South Carolina

2019                    **Teaching Towards Inclusive Excellence Certificate**  
Center for Teaching Excellence, University of South Carolina

2019                    **Case Method Institute** (3-day training)  
College of Social Work, University of South Carolina

2019                    **Recovery Ally**  
Substance Abuse Prevention & Education, University of South Carolina

2019                    **University 101 Teaching Experience Workshop** (3-day training)  
University 101 Programs, University of South Carolina

2018                    **Technology for Online Teaching and Learning** (7-week course)  
University 101 Programs, University of South Carolina

2018                    **Getting Started Teaching Online** (7-week course)  
University 101 Programs, University of South Carolina

- 2015                    **Green Zone Certified**  
 Veteran and Military Services, University of South Carolina
- 2015                    **Safe Zone Ally**  
 Office of Multicultural Student Affairs, University of South Carolina

**POST-MSW PRACTICE & ORGANIZATIONAL EXPERIENCE**

- 2008 – 2015            **Owner**  
 Private Business (Lexington, SC)
- 2006 – 2010            **Quality Assurance Specialist**  
 SoftScript, Inc. (Remote Position)
- 2004 – 2006            **Advocate**  
 Protection & Advocacy for People with Disabilities (Columbia, SC)  
*now Disability Rights SC*

**STUDENT PRACTICE EXPERIENCE**

- 2001 – 2003            **Graduate Assistant, Satisfactory Acad. Progress Counselor**  
 Office of Financial Aid, University of South Carolina
- 2002 – 2003            **MSW Intern**  
 Protection & Advocacy for People with Disabilities
- 2001 – 2002            **MSW Intern**  
 William S. Hall, South Carolina Department of Mental Health
- 2000 – 2001            **Research Assistant**  
 Washington College
- 2000 – 2001            **Social Work Intern & Research Assistant**  
 Kent County Department of Juvenile Justice
- 2000                    **Governor’s Summer Intern**  
 Maryland Department of Juvenile Justice

**INVITED PRESENTATIONS**

1. **Cook, L.** (2024, August). Field educators approaching the 2022 CSWE EPAS. *2024 University of South Carolina College of Social Work Field Education Annual Program Meeting*. Webinar.
2. **Cook, L.** (2024, August). Unpacking the nine (9) core social work competencies of the 2022 CSWE EPAS. *Columbia VA Health Care System Social Work Health Care Professions Trainee Program Practicum Instructors Academy*. Webinar.

3. Williams, J., **Cook, L.**, Withrow, J. & Conti, M. (2024, March). Introducing the Program Accreditation and Curriculum Development (PAC-D) Committee: A discussion providing mentoring, support and guidance to social work educators. [Board-sponsored conference session]. *The Association of Baccalaureate Social Work Program Directors Annual Conference*. New Orleans, LA.
4. **Cook, L.** (2023, June). Competency-based assessment in social work education: From curriculum development to competency assessment – Part 2. *University of Aruba, Department of Social Work and Development*. Webinar.
5. **Cook, L.** (2023, May). Competency-based assessment in social work education: From curriculum development to competency assessment – Part 1. *University of Aruba, Department of Social Work and Development*. Webinar.

### PEER-REVIEWED PRESENTATIONS

1. **Hart Elkins, L.** & DiNovo, R. (2024, October). Decolonizing work culture in social work academia - Recommendations from literature and our committee experience. [Conference session]. *CSWE's 70th Annual Program Meeting*. Kansas City, MO.
2. **Hart Elkins, L.** & DiNovo, R. (2024, October). Teaching anti-racism, diversity, equity, and inclusion approaches in the treatment of substance use disorders. [Conference session]. *CSWE's 70th Annual Program Meeting*. Kansas City, MO.
3. **Cook, L.**, Freedman, M., Freedman, D. & DiNovo, R. (2024, April). Promoting equity in social work education role management: Balancing program integrity and student wellness. [Conference session]. *The Joint Conference on Social Work Education and Social Development*. Panama City, Panama.
4. Freedman, M., **Cook, L.**, Freedman, D. & DiNovo, R. (2024, April). Social media and the implicit curriculum. [Conference session]. *The Joint Conference on Social Work Education and Social Development*. Panama City, Panama.
5. DiNovo, R., Freedman, M., Freedman, D. & **Cook, L.** (2024, April). Creating antiracist, diverse, equitable and inclusive learning experiences using motivational interviewing. [Conference session]. *The Joint Conference on Social Work Education and Social Development*. Panama City, Panama.
6. Freedman, D., DiNovo, R., **Cook, L.** & Freedman, M. (2024, April). Developing social workers who use antiracist, equitable and inclusive practices in the treatment of substance use disorders. [Conference session]. *The Joint Conference on Social Work Education and Social Development*. Panama City, Panama.
7. **Cook, L.**, Freedman, M. & Freedman, D. (2023, October). Social work education role management: Balancing program integrity & student wellness. [Conference session]. *CSWE's 69th Annual Program Meeting*. Atlanta, GA.

8. Freedman, D., Freedman, M. & **Cook, L.** (2021, April). Using relational learning environments to socialize undergraduate students to the profession [Conference session]. *The Association of Baccalaureate Social Work Program Directors Annual Conference*. Webinar.
9. **Cook, L.** & Freedman, M. (2020, March). Role management in social work education: Balancing program integrity and student wellness [Conference session]. *The Association of Baccalaureate Social Work Program Directors Annual Conference*. Birmingham, AL, United States. (Conference cancelled due to COVID-19.)
10. **Cook, L.** & Reitmeier, M.C. (2020, March). Transitioning from generalist to advanced practice social worker: Student perceptions of learning outcomes during an MSW bridge course [Conference session]. *The Association of Baccalaureate Social Work Program Directors Annual Conference*. Birmingham, AL, United States. (Conference cancelled due to COVID-19.)
11. Reitmeier, M.C., Freedman, M., Pitner, R.O., **Cook, L.**, & Ottone, M. (2019, October). Attainment of CSWE competencies through integrative field seminar courses [Panel presentation]. *CSWE's 65th Annual Program Meeting*. Denver, CO.

## **GRANTS AND FELLOWSHIPS**

### **Internal**

- USC Center for Teaching Excellence Winter Session Online Learning Course Development Grant
- USC Center for Teaching Excellence, Technology for Online Teaching & Learning

## **UNIVERSITY & COLLEGE SERVICE**

2022 – Present	<b>Graduate Assistant Supervisor</b> College of Social Work, University of South Carolina
2022 – Present & 2018 – 2019	<b>BSW Program Committee</b> College of Social Work, University of South Carolina
2022 – Present	<b>ADEI Subcommittee</b> College of Social Work, University of South Carolina
2022 – Present	<b>MSW Comprehensive Assessment Subcommittee</b> College of Social Work, University of South Carolina
2020 – Present	<b>Carolina Judicial Council</b> Student Conduct & Academic Integrity, University of South Carolina
2019 – Present	<b>MSW Program Committee</b> College of Social Work, University of South Carolina

- 2019 – Present      **University 101 Peer Leader Application Reviewer**  
University 101 Programs, University of South Carolina
- 2018 – Present      **Wellness Ambassador**  
Student Health Services, University of South Carolina
- 2021 – 2024        **Wellness & Social Planning Committee, Chair**  
College of Social Work, University of South Carolina
- 2022 – 2023        **Faculty & Staff ADEI Book Club, Organizer & Co-Facilitator**  
College of Social Work, University of South Carolina
- 2021                 **Alumni Council, Faculty Liaison**  
College of Social Work, University of South Carolina
- 2020                 **University 101 Peer Leader Interview Facilitator & Evaluator**  
University 101 Programs, University of South Carolina
- 2020                 **Faculty-Student Summer Book Club, Facilitator**  
College of Social Work, University of South Carolina
- 2018 – 2019        **Mentor**  
Women’s Mentor Network, University of South Carolina

**PROFESSIONAL SERVICE & MEMBERSHIPS**

- 2023 – Present      **Site Visitor**  
Council on Social Work Education
- 2021 – Present      **Item Writer for Master’s Examinations**  
Association of Social Work Boards
- 2021 – Present      **Reviewer of Journal Article Submissions**  
Advances in Social Work
- 2020 – Present      **Member**  
Association of Baccalaureate Program Directors
- 2019 – Present      **Member**  
Council on Social Work Education
- 2019 – 2021        **Reviewer of Annual Conference Proposals**  
Council on Social Work Education
- 2020 – 2021        **Reviewer of Annual Conference Proposals**  
Association of Baccalaureate Program Directors

## **COMMUNITY ENGAGEMENT & VOLUNTEERISM**

- 2010 – Present      **Group Fitness Instructor**  
Wolfs Fitness
- 2021 – 2024      **Midlands Heart Walk Coach**  
American Heart Association
- 2020                **Grant Reviewer**  
United Way Association of South Carolina
- 2013 – 2014      **Group Fitness Instructor**  
C Cycle Studio
- 2012 – 2013      **Visitor Host**  
Business Networking International
- 2004 – 2006      **PAIMI Council Liaison**  
Protection & Advocacy for People with Disabilities
- 2003 – 2005      **Social Media Chair**  
Apartment Association of Greater Columbia