

C&R NEWS

Counseling & Rehabilitation Program Newsletter



A Year In Review: 2024

8
JAN

USC's Counseling and Rehabilitation program welcomed 7 new students for the spring '24 semester.



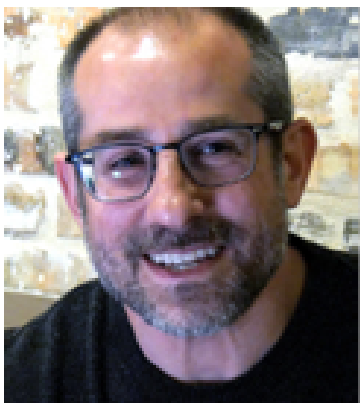
The program partnered with the **USC Division of Law Enforcement and Safety** to host a presentation titled **Response to an Active Shooter**. The training educated attendees on what to expect, what to do, how to protect yourself, and how police will respond to an active shooter.

19
JAN



17
FEB

The **American Counseling Association (ACA) Graduate Student Ethics Awards for Master's Students** recognized C&R students: **Sam Haering, Erica Hoyer, and Hayden Petee** as third place winners in the ACA Ethics Competition for their exceptional and demonstrable understanding of the ACA Code of Ethics – the foundation of ethical professional counseling practice.



The Program welcomed **Dr. Rick Balkin** as the first professional speaker guest of the new year for 2024. Dr. Balkin is a Professor and Department Chair of Leadership and Counselor Education, as well as the Coordinator of Educational Research and Design, in the School of Education at the University of Mississippi.

23
FEB

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Save the Date

January 10th, 2025:

C&R Program Advisory Board Meeting

January 16th, 2025:

Lunch and Learn: Insights into Community Health mental services with DMH

January 27th, 2025:

Lunch and Learn: Exploring Practicum and Internship Opportunities with USC Counseling and Psychiatry

February 21st, 2025:

Professional Speaker Series: feat. Dr. Kim Mueser

February 22nd, 2025:

Spring Learning Community Saturday Event

CHECK OUT OUR SOCIALS



A Year In Review: 2024



The C&R Program hosted its Spring Learning Community Saturday event featuring presentations titled “Building Careers, Changing Lives: SCVRD,” “From Poverty to Prison to PhD: A Change Must Come,” and “Deaf Awareness and Advocacy 101” just to name a few.

24 FEB



1 MAR

C&R students were in attendance during the **School of Medicine’s Annual Semi-Formal** event held at Riverbanks Zoo.



The Program announced student award winners, **Emily Collie, Madison Meggs and Melissa Milligan** as recipients of the Distinguished Rehabilitation Counseling Student Award, Award for Clinical Excellence in Rehabilitation Counseling and the Dr. Kerry Lachance Outstanding Contribution to the Counseling and Rehabilitation Program Awards respectively.

28 MAR



4 APR

The Program hosted **Heather Coleman, a Behavioral Health Care Manager at Prisma Health** in the Midlands as a featured Lunch and Learn guest to network and present for C&R students on her expertise in mental health care services to patients of family medicine clinics.



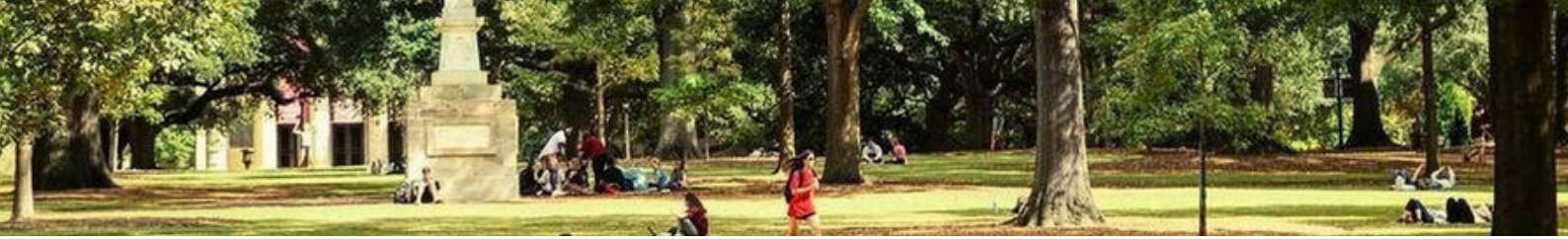
As part of **ARCA’s** webinar series, **Dr. Farren Stackhouse** was an invited speaker presenting, **E-Sports for the Win: Use in Rehab and Recovery**, a presentation exploring the use of electronic sports (e-sports) as an intervention for rehabilitation and recovery for persons with disabilities.

5 APR

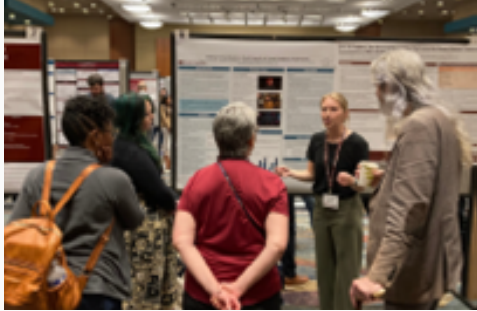


11 APR

Faculty Members **Drs. Stackhouse, Walsh, and Sacco-Bene** presented at the **ARCA 2024 Pre-Conference** and **Dr. Richardson** presented at the **ACA Conference and Expo** in New Orleans.



A Year In Review: 2024



Digging into their inner researchers, the Counseling and Rehabilitation Program was represented at the **Discover USC conference** by seven of its Graduate Assistants who presented on a wide range of counseling related topics.

19
APR



2
MAY

The C&R Program congratulated 4 new Graduates: **Emily Collie, Lucy Johnson, Melissa Milligan and Christy Wise.**



The Counseling and Rehabilitation Program officially moved into its new location on the **School of Medicine VA campus** (6311 Garners Ferry Road).

13
MAY



6
JUNE

The Program hosted **Stephanie Bonnett**, an Employment Consultant and LPC-A at the SCCB as the featured guest at our Lunch and Learn event to discuss **Clinical Applications of Assessments for Vision Loss.**



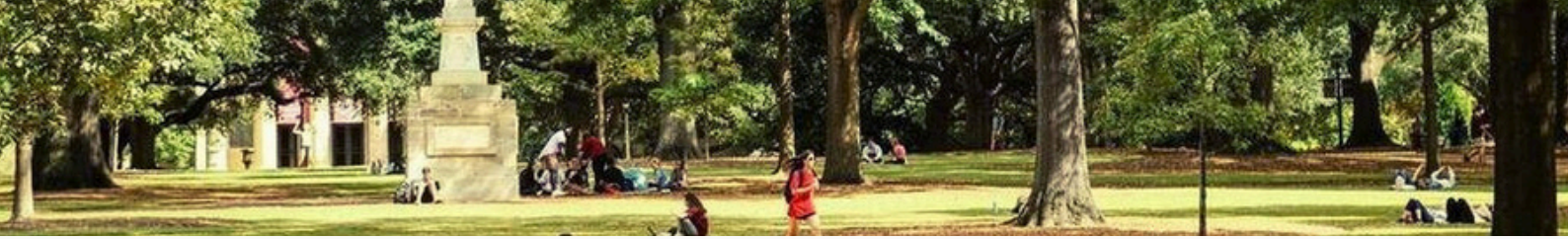
The faculty and staff of the Counseling and Rehabilitation Program hosted an **Open House** to allow the Learning Community to tour the program's space, which boasts an updated technology lab and assessment lab.

21
JUNE



8
JULY

The program released the news of two new specialized practice areas available to students beginning in the fall '24 semester. In addition to **Clinical Rehabilitation Counseling**, the program now offers **Clinical Addiction Counseling** and **Career Counseling**. Each pathway prepares students for practice as Licensed Counselors (LPC or LAC) and Certified Counselors (CRC, NCC, MAC, or CCC).



A Year In Review: 2024



The Counseling and Rehabilitation Program welcomed a record breaking 23 new students during the program's **Annual Orientation event** held for new and returning students each fall semester.

19
AUG



15
SEP

Faculty member, **Dr. David Dawson** was selected as a program participant for the 2024-2025 **Propel AI Program**. Propel AI is a faculty development program designed to grow competence in cutting-edge AI technology, foster creativity in the ways faculty engage with AI and connect faculty members across disciplinary lines to inspire new collaborative partnerships.



The C&R program welcomed **Nigel Smith, Manager of Graduate Student Career Advising at the University of South Carolina** as the featured guest during the program's Career Discovery Lunch and Learn event.

19
SEP



11
OCT

Dr. Amanda Giordano was featured as a guest during the program's Professional Speaker Series event. Dr. Giordano specializes in addictions counseling with clinical, instructional, and scholarly experience related to both chemical and behavioral addictions.



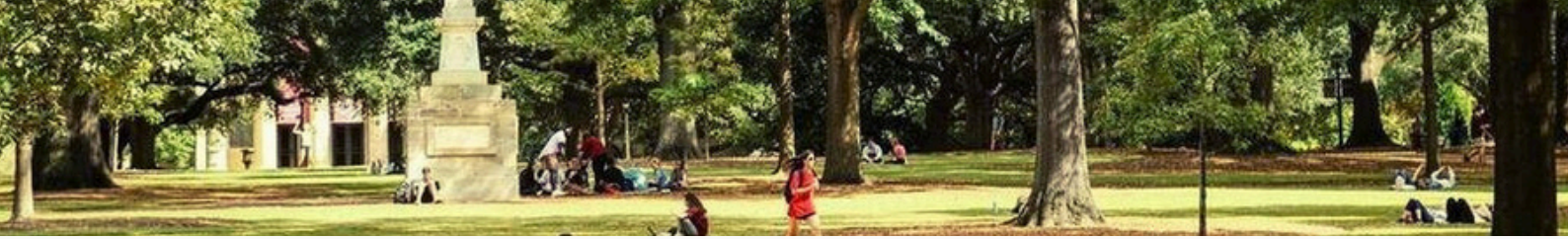
The Program hosted the fall '24 semester's Learning Community Saturday event. The event was held at our new home on the School of Medicine - Columbia Campus and included presentations such as "**Epic Quests: Finding the Power of Mythology in Modern Gaming**," and "**Serving First-Generation Americans and Immigrants with Disabilities**" just to name two of the 12 total presentations.

12
OCT



14
OCT

In partnership with the **USC Writing Center**, the program hosted a specially designed APA Writing Workshop tailored specifically to students of the Counseling and Rehabilitation Program.



A Year In Review: 2024



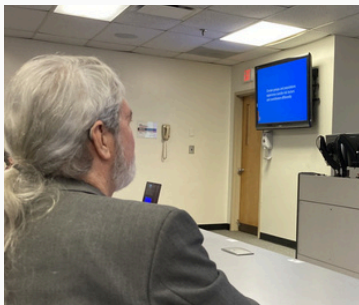
The C&R Podcast Team released several new Podcast episodes including the most recent: "FAQ's for Prospective Students." Use the QR code here to listen to any of the 7 new episodes produced in 2024.

15
OCT



20
OCT

The **Counseling and Rehabilitation Student Association (CRSA)** announced a food drive to give back to the community as well as several other events on their schedule including a spring semester gamenight fundraiser, plans for a peer learning program and a suicide awareness walk among others.



In partnership with the **South Carolina Department of Mental Health**, the program hosted **Talk Saves Lives: A South Carolina DMH Presented Training Event** that covered the warning signs and risk factors of suicide as well as the strategies that prevent it.

1
NOV



7
NOV

The **Southern Association for Counselor Education and Supervision (SACES)** hosted its annual conference in Dallas, Texas from November 7th-9th and Counseling and Rehabilitation faculty members **Drs. Christine Sacco-Bene and Taryn Richardson** presented at the conference along with student presenters, **Skylar Linder and Jerzy Zito**.



After an extremely well received first presentation, the program welcomed back **Heather Coleman, Behavioral Health Care Manager at Prisma Health** in the Midlands to discuss the Collaborative Care Model and her experiences providing mental health services to patients in two family medicine clinics.

12
NOV



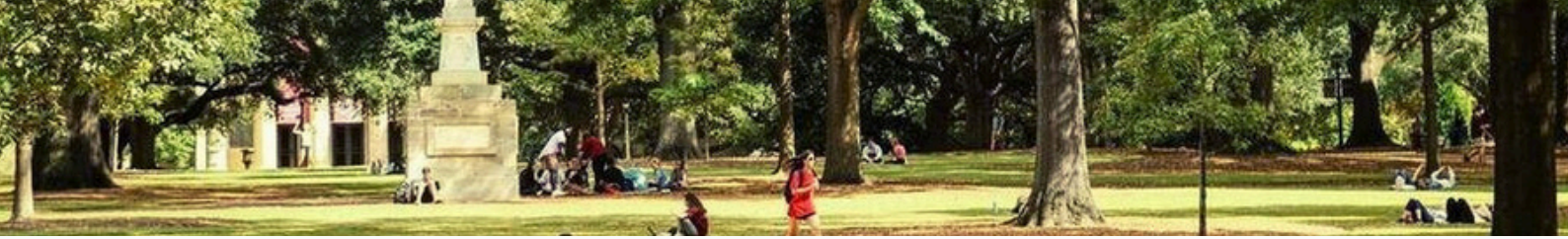
1
DEC

In response to a growing mental health crisis, the C&R Program announced the new **USC School of Medicine Clinic for Counseling and Assessment (CCA)**, which will open Spring 2025 to serve the underserved communities of SC. Housed within the Counseling and Rehabilitation Program and with start-up funding from the **SC Center for Rural and Primary Healthcare**, the CCA will provide critical support to economically disadvantaged populations to reduce physical and mental health, and quality of life disparities.



The Program hosted learning community members from all across the state for the **4th annual C&R Friendsgiving event**.

6
DEC



December Graduates

We would like to congratulate 3 students who, on December 16th, became graduates of the Counseling and Rehabilitation program! A huge congratulations to:

- Brandon Wright
- Elizabeth Roum
- Ally Stillman



Addiction Professionals of SC Conference

This year's annual Addiction Professionals of South Carolina Conference was held here in Columbia, SC and Counseling and Rehabilitation Program representatives, Christine Sacco-Bene (Program Director) and LaVonn Scott (Administrative Coordinator for Clinical Graduate programs) were in attendance as exhibitors during the event. In addition to presentations regarding Novel Trends in Treating Substance Use and Co-Occurring Disorders, participants were able to interact with a number of vendors including USC's Counseling and Rehabilitation Program.

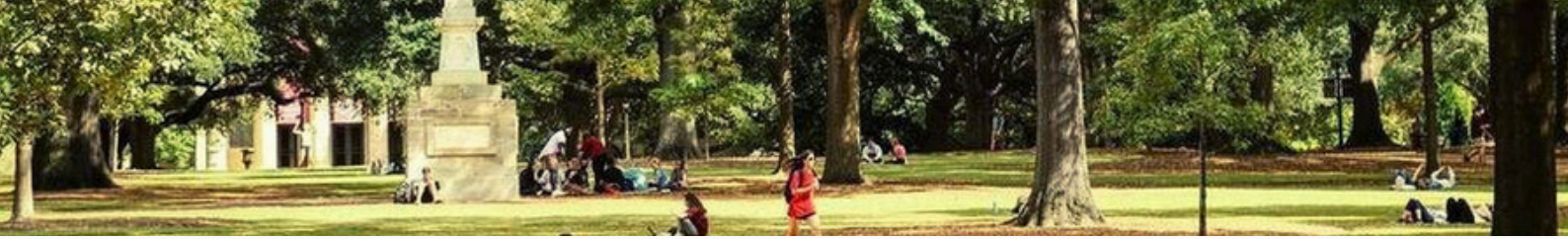
We thank Ms. Scott for her recent attendance and representation of the program.

De-Stress Fest

On December 3rd, Graduate Assistants of the Counseling and Rehabilitation Program volunteered to table a virtual reality demo table during the School of Medicine De-Stress Fest. Students were invited to join the GA's for 20 minute blocks of time as they were introduced to a variety of apps using the Meta Quest 2 virtual reality headsets.

Students explored apps carefully curated by the C&R GA's to engage in meditative and relaxation exercises as well as a variety of medical apps relating to anatomy, diagnosis and more.





CRSA Membership

The Counseling and Rehabilitation Student Association (CRSA) has a ton of exciting events coming up over the next few months and is actively accepting new members to the organization. Not a member of CRSA yet? Joining is simple—just Venmo LaurenMichaels17 the \$20 annual fee for your membership and send her a quick email with your full name to lauren.michaels@uscmed.sc.edu.



CRSA Merch

CRSA merch is available for preorder! Use our form to pre-order some CRSA gear and show your support for the organization. Once we have an idea of how many people are interested, we will send out official order forms with pricing information!

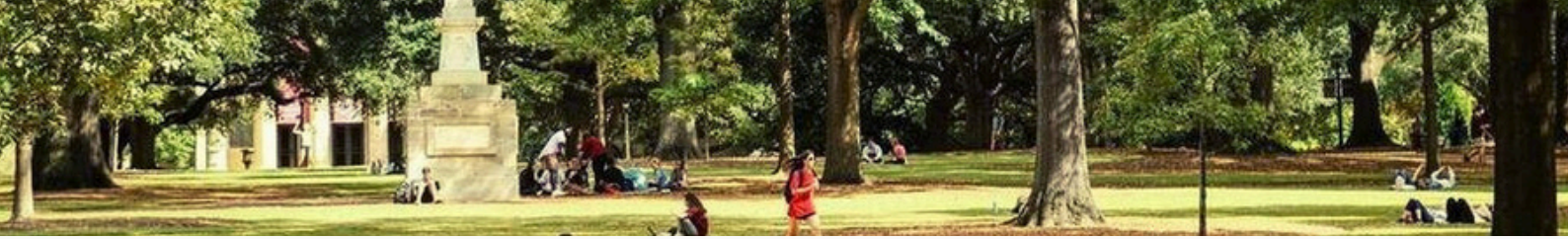
There are T-Shirts, Hoodies, and Crew Necks available sizes S to XL.

T-shirts will cost between \$20-\$25
Crew Necks will cost between \$30-\$35
Hoodies will cost between \$40-\$45

Food Drive

CRSA is running a food drive to give back to our community. We encourage everyone to bring non-perishable food items to Suite A6 in the lower level of Building 1. All Proceeds will go to the Cooperative Ministry of Columbia by January 15th, 2025.





Friendsgiving

On December 6th, we welcomed students, community partners, university staff and alumni to the C&R Program's 4th annual Friendsgiving event. It truly was a time for Networking and Connections, and we are forever grateful for everyone's support and dedication to our program. We'd like to extend a special thank you to **our students, graduates, School of Medicine faculty and staff, our colleagues at Mental Health America of SC and South Carolina Vocational Rehabilitation Department** as well as **Amorita McClam and Aileen Welch** who's lovely fruit tray and homemade empanadas made such a wonderful addition to the feast.

We'd love to see you at next year's event! If you didn't receive an invite for this year's event, just reach out to Patrick Demery at Patrick.demery@uscm.edu so we can be sure to include you on our invitation list.



December 6, 2024
11:30 a.m. to 1:00 p.m.
Third Annual Counseling and Rehabilitation

FRIENDSGIVING

Open House

Click on the picture to listen in on the planning.

University of South Carolina - School of Medicine
Medical Education Campus
Building 1 - Lower Level
6311 Garners Ferry Road
Columbia, SC 29209

Video #1

THIRD ANNUAL
COUNSELING AND REHABILITATION

Friendsgiving

11:30 AM - 1:30PM
6 DECEMBER

Video #2

THIRD ANNUAL COUNSELING AND REHABILITATION

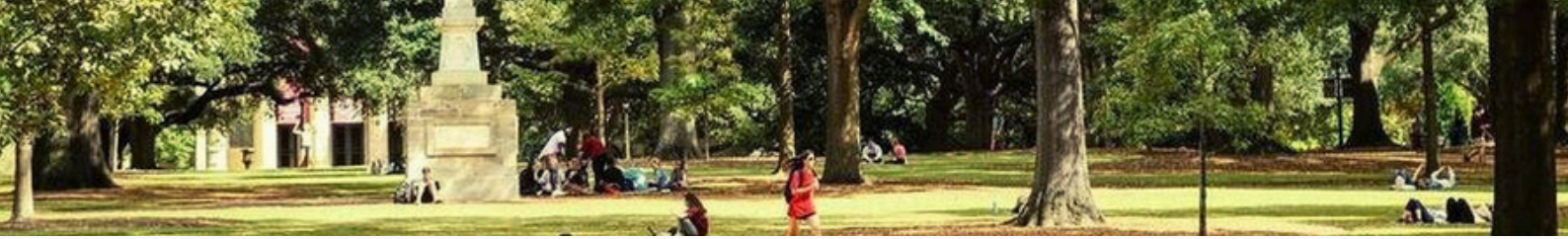
FRIENDSGIVING

Open House

December 6, 2024

11:30 a.m. to 1:30 p.m.

Video #3



APA Writing Tips: In-text citations

A Work by One Author

The APA manual recommends the use of the author-date citation structure for in-text citation references. This structure requires that any in-text citation (i.e., within the body of the text) be accompanied by a corresponding reference list entry. In the in-text citation provide the surname of the author but do not include suffixes such as "Jr."

As Ahmed (2016) mentions...

(Ahmed, 2016)

A Work by Two Authors

Name both authors in the signal phrase or in parentheses each time you cite the work. Use the word "and" between the authors' names within the text and use the ampersand in parentheses. Research by Wegener and Petty (1994) supports...

(Wegener & Petty, 1994)

A Work by Three or More Authors

List only the first author's name followed by "et al." in every citation, even the first, unless doing so would create ambiguity between different sources.

(Kernis et al., 1993)

Kernis et al. (1993) suggest...

In et al., et should not be followed by a period. Only "al" should be followed by a period.

If you're citing multiple works with similar groups of authors, and the shortened "et al" citation form of each source would be the same, you'll need to avoid ambiguity by writing out more names. If you cited works with these authors:

Jones, Smith, Liu, Huang, and Kim (2020)

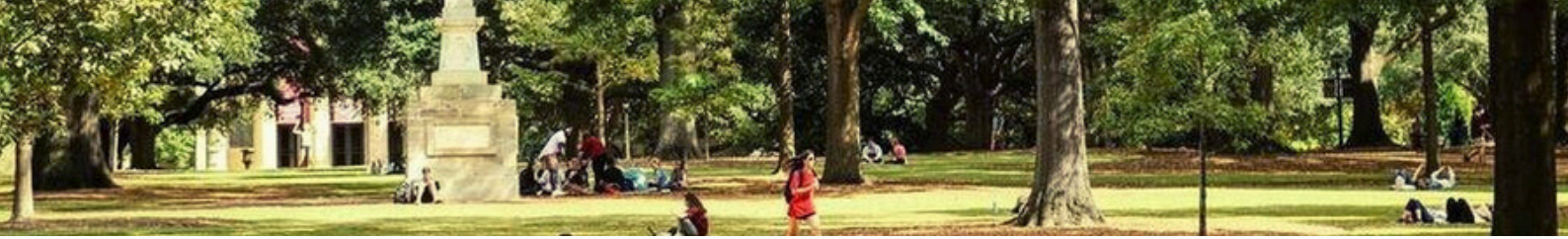
Jones, Smith, Ruiz, Wang, and Stanton (2020)

They would be cited in-text as follows to avoid ambiguity:

(Jones, Smith, Liu, et al., 2020)

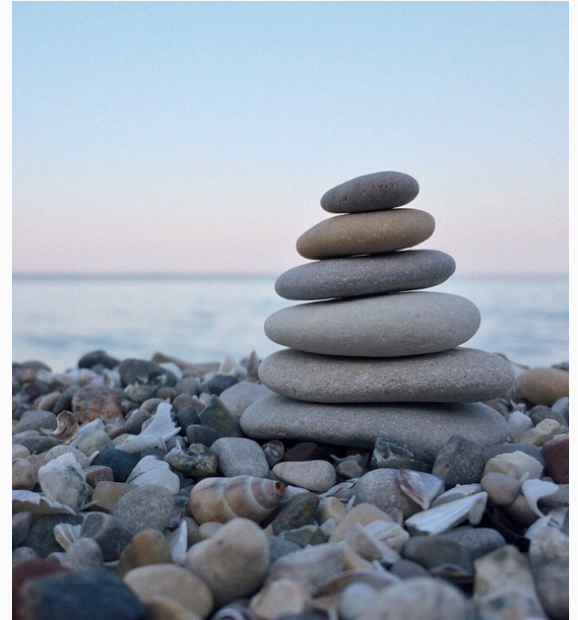
(Jones, Smith, Ruiz, et al., 2020)

Since et al. is plural, it should always be a substitute for more than one name. In the case that et al. would stand in for just one author, write the author's name instead.



Wellness Corner

Start the new year by prioritizing your wellness with small, sustainable habits. Begin each day with a moment of mindfulness, whether through meditation, deep breathing, or journaling. Incorporate regular physical activity into your routine—something as simple as a daily walk can improve both physical and mental health. Stay hydrated, eat nourishing foods, and ensure you're getting enough rest to recharge. Most importantly, set realistic goals and celebrate progress, no matter how small. A balanced approach to self-care can help you maintain your energy and focus throughout the year.



Pet of the Month



Archie is a two year old Poodle-Chihuahua-Boykin Spaniel mix who belongs to Program Coordinator, Patrick Demery. Archie was living his best life underneath a food truck in Mexico when he followed Patrick home. After a little paperwork, Archie got his passport and immigrated to South Carolina. He loves swimming in the river, chasing his tennis ball and cuddling up with his blanket.

Save the Date

1/10 - Counseling and Rehabilitation Program
Advisory Board Meeting

1/16 - Lunch and Learn: Insights into
Community Health mental services with
DMH

1/27 - Lunch and Learn: Exploring
Practicum and Internship Opportunities
with USC Counseling and Psychiatry

2/21 - Professional Speaker Series Presents:
Dr. Kim Mueser

2/22 - Spring Semester Learning Community
Saturday