



PHYSICAL EDUCATION, B.S.P.E.

Teach PE in kindergarten through 12th grade.

Impact young lives through physical literacy.

THE PROGRAM

As you prepare to become a highly effective Physical Education teacher in grades K-12, you will learn to promote daily and lifelong physical activity in children and adolescents. You will develop the skills, knowledge, and dispositions physical education teachers need in order to provide optimal learning for children in their journey of physical literacy. You will have field experiences and internships throughout the program in diverse school settings, where you will work alongside award-winning faculty and experienced physical education teachers.

State reciprocity and our national accreditation make it easy to become certified in most states. Our graduates are also well-prepared to enroll in master's degree programs during their first years of teaching.

SPECIALIZED COURSE WORK

Your course work and field experiences will prepare you to:

- apply theory and science to your teaching and coaching
- design and implement PE curriculum using evidence-based planning and instructional skills
- effectively manage movement settings
- support the learning needs of students with and without disabilities

ACCREDITATION

All educator preparation programs at the University of South Carolina are accredited by the Council for the Accreditation of Educator Preparation (CAEP).



2024-2025

TYPICAL PROGRAM FOR PHYSICAL EDUCATION, B.S.P.E.

FRESHMAN

Fall

Philosophy and Principles of Physical Education
PE Skills Course - Weight Training
PE Skills Course - Badminton/Golf
Reading and Composition
Biology Course
ELective (typically UNIV 101)

Spring

Description and Analysis of Human Movement
PE Skills Course - Basketball/Soccer
Rhetoric and Composition
Social Science
Analytical Reasoning and Problem Solving
Chemistry or Physics Course

SOPHOMORE

Fall

Physical Education for Inclusion*
Learners and the Diversity of Learning
PE Skills Course - Tennis/Track
PE Skills Course - Softball/Volleyball
Human Anatomy and Physiology I
Analytical Reasoning and Problem Solving

Spring

The Art and Science of Coaching
Motor Learning in Physical Education
PE Skills Course - Folk/Square Dance
Personal and Community Health
Sociology
Aesthetics and Interpretive Understanding

South Carolina Teacher Loan

SC Residents might be eligible for the South Carolina Teacher Loan. Visit www.scstudentloan.org for more information.

JUNIOR

Fall

Instructional Aspects of Physical Education and Practicum*
Observational Analysis of Sports Techniques and Tactics
Human Child/Adolescent Growth
Functional Musculoskeletal Anatomy
PE Skills Course - Educational Gymnastics
PE Skills Course - Educational Games

Spring

Instruction of Young Learners in Movement Settings and Practicum*
Physical Education for Primary Grades
Measurement and Evaluation in Physical Education Content
Area Literacy K-12
History Course
PE Skills Course - Educational Dance

SENIOR

Fall

Instruction in Secondary School Physical Education and Practicum*
Teaching Physical Education
Teaching Health Related Physical Fitness
PE Skills Course – Elective
Additional required Carolina Core Course

Spring

Physical Education Curriculum
Directed Teaching in Physical Education*

*Indicates courses with experiences in a school setting.



College of Education
UNIVERSITY OF SOUTH CAROLINA