



TELEHEALTH
COUNSELING
PROVIDES USERS
WITH SECURE,
UNLIMITED ACCESS
TO **LICENSED &
EXPERIENCED**
MENTAL HEALTH
CLINICIANS.

Behavioral Telehealth

24/7 Call-A-Doc provides unlimited access, around the clock, to licensed mental health clinicians who provide immediate care plus coordination to external resources (i.e., benefit plan, community resource, EAP, etc.) if ongoing support is necessary.

Benefits of Counseling Include:



ACCESS

Members in rural areas or underserved regions, as well as those with mobility problems, have an alternative for accessing care.



CONFIDENTIALITY

Members can access counseling from the privacy of their own home or office



ASSURANCE

Every call, around the clock, is answered directly by an independently licensed mental health clinician.



ASSESSMENT

Our clinical process provides a comprehensive assessment with in-the-moment support, guidance and advocacy when members need it most.



CONVENIENCE

By connecting to telehealth care, rather than traveling to a local practitioner, members will reduce out-of-pocket expenses and save time.

All Care Advocates have earned a Master's or PhD degree in a mental health discipline, are independently licensed (LMFT, LCPC, LCSW) and have specialized cultural competence training.

Find Out More By Calling
24/7 Call-A-Doc at 925-732-4701